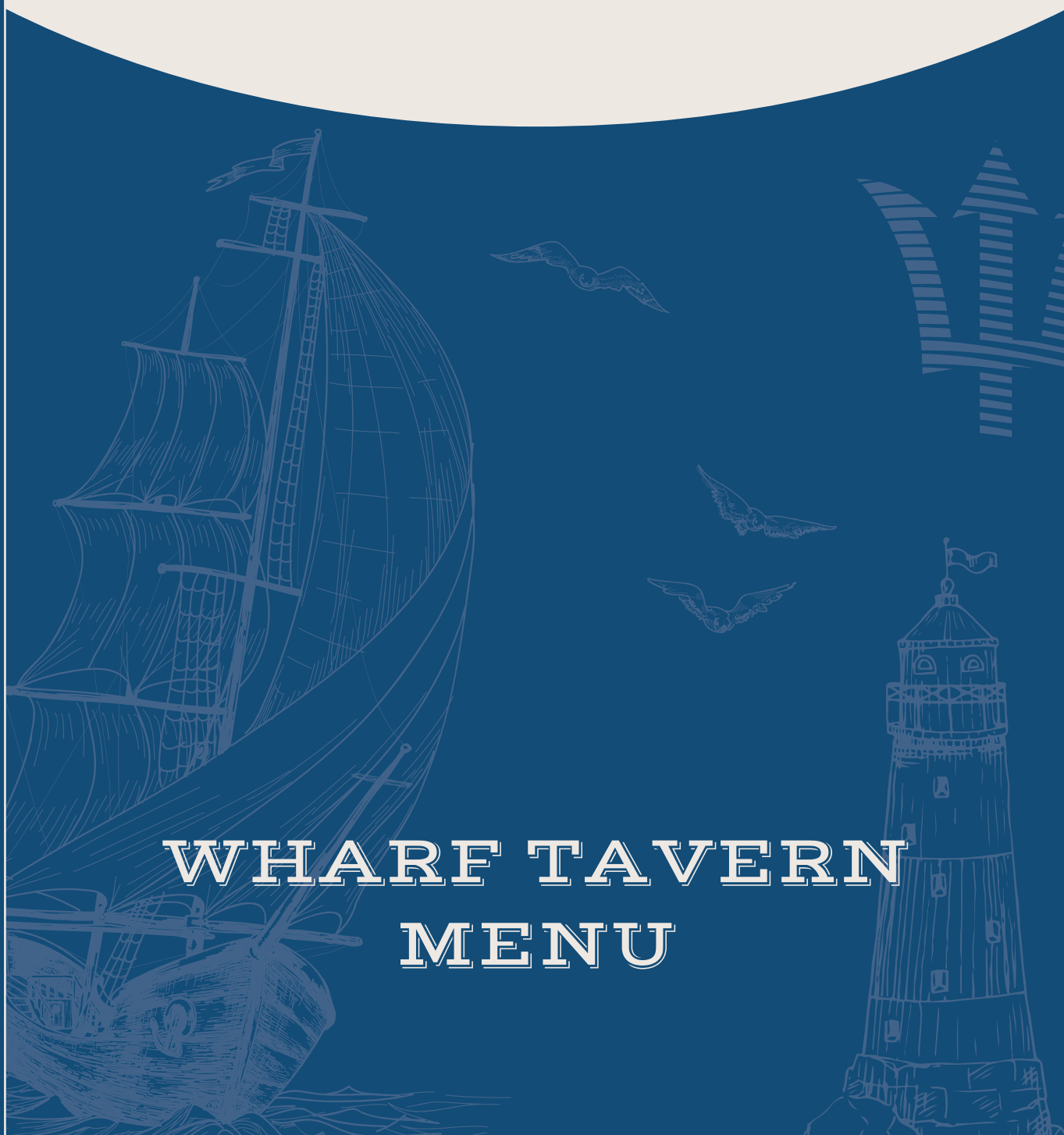




TRIDENT

HOTEL ★ ★ ★ ★ KINSALE



**WHARF TAVERN
MENU**

MORNING COFFEE & MORNING TREATS

FRESHLY BREWED NESPRESSO COFFEE

| | |
|--|-------------|
| FRESHLY MADE SCONES | 3.25 |
| Butter, Jam and Cream // 1,3,7 | |
| SELECTION OF HOMEMADE BISCUITS | 3.25 |
| // 1, 1(b)-oats, 6, 7, 3 | |
| SHIRLEY'S CAKES | 4.50 |
| (ask for today's choice) // 1,3,6,7 | |
| ADD 1 SCOOP OF ICE CREAM // 3,7 | 1.50 |
| AMERICANO | 3.00 |
| CAPPUCCINO | 3.30 |
| ESPRESSO | 2.80 |
| LATTE | 3.30 |
| RISTRETTO | 2.80 |
| MOCHA | 3.50 |
| WHITE COFFEE | 3.00 |
| FRESHLY BREWED BEWLEY'S TEA | 2.60 |
| HERBAL TEAS | 3.20 |
| HOT CHOCOLATE | 3.50 |

TO SHARE

| | |
|---|--------------|
| TRIDENT CHARCUTERIE BOARD TO SHARE | 20.00 |
| Served with Fresh Bread, Cured Meats, Cheeses, Dips // 1,6,7 | |
| HUMMUS | 7.50 |
| Savoury Chickpea Hummus served with Crispy Chickpeas and Warm Bread // 1,11 | |

Our food is cooked to order, please allow time for preparation. If you are in a hurry, please make staff aware and they will assist with menu choices. All our food is sourced locally where possible.

LIGHT BITES

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|---|----------------------|
| CHOWDER | 9.90 |
| Trident Cream Based Seafood Chowder // 1,3,4,6,7,9,12 | |
| MOULES MARINIERE | 13.00 |
| A Pint of West Cork Mussels with Garlic, Spring Onion, White Wine and Cream Sauce served with Grilled Ciabatta // 1,6,7,9,12,14 | |
| SEASONAL SOUP OF THE DAY | 6.90 |
| Fresh Bread Rolls // 1,6,7,9  | |
| CLASSIC FISH CAKES | 10.50 |
| Potato Based Fish Cakes with Fresh Herbs and Scallions served with Saffron Mayo // 1,3,4,6,7,10 | |
| RICOTTA CHEESE & TOMATO BRUSCHETTA | 9.50 |
| Served with Radish, Basil, Micro Salad and Balsamic // 1,6,7,10 | |
| PULLED PORK TACOS | 10.90 |
| In a Soft Tortilla served with Sriracha Mayo, Fresh Chili & Lime Wedges // 1,3,6,7 | |
| STICKY BBQ CHICKEN WINGS | 10.75 |
| Honey & Garlic Chicken Wings with Chilli and Scallion // 1,6,10,11,12 | |
| SCAMPI | STARTER 13.00 |
| MAIN COURSE 27.00 | |
| Panko Crumb served with Horizon Leaves, Caper, Gherkin, Mayonnaise and Lemon // 1,2,3,6,7,10 | |

SANDWICHES & SALADS

COELIAC BREAD AVAILABLE ON REQUEST

| | |
|--|---------------------|
| OPEN SMOKED SALMON & PRAWN | 16.80 |
| Chive Crème Fraîche, Pickled Cucumber, Marie Rose Sauce on Brown Soda Bread // 1,2,3,4,6,7,9,10,12 | |
| WHARF TOASTED SPECIAL | 9.95 |
| The Original Toasted Sandwich with Bandon Vale Cheese, Ham, Beef Tomato. Served with Chips and Salad // 1,6,7,10 | |
| STEAK SANDWICH | 19.50 |
| Cooked Medium, Crispy Onions, Garlic Butter, Pepper Sauce served with Chips // 1,6,7,12 | |
| CAESAR SALAD | STARTER 8.50 |
| MAIN COURSE 16.00 | |
| Crispy Gem Lettuce, Bacon, Garlic Croutons, Parmesan Shavings and Caesar Dressing // 1,3,4,6,7,10,12 | |
| Add Chicken - 3.00 | |
| GOATS CHEESE AND BEETROOT SALAD | 15.00 |
| Mixed Leaves, House Dressing and Candied Pecans With Balsamic Vinegar // 6,7,8,10 | |







Please ask your server for Evening Specials

MAIN COURSES

- BUTTER MILK CHICKEN BURGER** 17.90
Fried Chicken Breast with Sriracha Mayo, Lettuce, Cheddar Cheese, House Slaw in a Brioche Bun, served with Chips // 1,3,6,7
- WHARF BURGER** 18.95
Locally sourced Beef Burger with Lettuce, Beef Tomato, Red Onion Jam, West Cork Bacon, Bandon Vale Cheddar, Tomato Relish in a Brioche Bun, served with Chips // 1,3,6,7,10,12
- GEORGE'S HOMEMADE CHICKEN GOUJONS** 17.50
With Chips, House Slaw & Garlic Mayonnaise // 1,3,6,7,9,10
- KINSALE SEAFOOD BAKE** 19.95
Locally caught Fish and Shellfish in a Creamy White Wine Sauce with Potato and Cheese Crust // 2,3,4,6,7,10,12
- KINSALE PALE ALE FISH & CHIPS** 19.00
Beer Battered Haddock, Mint and Pea Puree, Tartar Sauce // 1,3,4,6,7,12
- MADRAS CURRY** 15.60
Cashew Nuts, Chickpea & Butternut Squash served with a Flavoured Basmati Rice // 6,7,8,12
Add Chicken - 3.00 | Add Prawn - 5.00
- CHARGRILLED RIBEYE STEAK** 32.00
With Portobello Mushroom, Crispy Onions, Chips, Choice of Pepper Sauce or G.B. // 1,3,6,7,9,12
- ROAST CHICKEN SUPREME** 21.00
Served with Chorizo, Buttered Greens & Roast Baby Potatoes // 6,7,12
- BEEF RAGU RIGATONI** 20.50
12 Hour Slow Cooked Beef Cheek in a Tomato Sauce with Rigatoni Pasta and Parmesan Cheese // 1,3,6,7,12

- PORTION OF CHIPS**  4.50
- PORTION OF VEGETABLES** 4.50
- PORTION OF SIDE SALAD** 3.95
- PORTION OF BUTTERED MASH** 3.95

VEGAN FRIENDLY

- VEGAN CAESAR SALAD** 12.50
Crispy Lettuce, Spicy Chickpea, Garlic Croutons, Nuts & Seeds Parmesan and Sweet Potato Crisps // 1,6,8 - Cashew Nuts,10 
- WHARF PLANT BASED TOASTED SANDWICH** 9.95
Toasted Sandwich with Violife Mature Cheese, Beef Tomato, Red Onion, Relish. Served with Chips and Salad // 1,6,10 
- BEYOND BURGER** 18.00
In Sesame Seed Bun, Volife Mature Cheddar, Lettuce & Onion Jam served with Ballymaloe Relish and Fries // 6,10,11  
- VEGAN CHOCOLATE TART** 7.50
Hazelnut Crumb, Vegan Vanilla Ice Cream // 8 - Hazelnut & Cashew  

SEE OUR WINE LIST FOR VEGAN WINE

-  Vegetarian
-  Vegan
-  Gluten Free

ALLERGEN INFORMATION

If you have any allergies or dietary requirements please inform the waiting staff.

- 1: Cereal (Wheat) 1(b): Oats 2: Crustaceans
3: Eggs 4: Fish 5: Peanuts 6: Soybeans
7: Milk 8: Nuts 9: Celery 10: Mustard
11: Sesame Seeds 12: Sulphur Dioxide & Sulphites
13: Lupin 14: Molluscs



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World's End, Kinsale Cork, Ireland, P17 NT38
T: +353 (0) 21 4779 300 | E: info@tridenthotel.com

WWW.TRIDENTHOTEL.COM