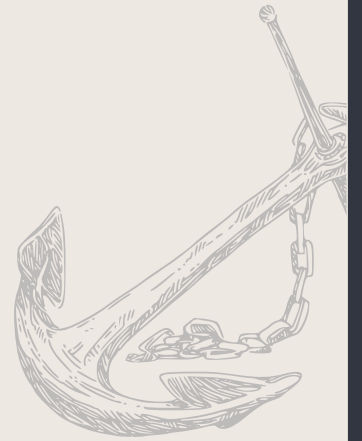


TRIDENT

HOTEL ★ ★ ★ ★ KINSALE



EVENING
MENU

STARTERS

SEASONAL SOUP OF THE DAY €5.25

Fresh Bread Rolls // 1,6,7,9 

MUSSELS MARINIÈRE €10.50

A Pint of Oysterhaven Mussels with Garlic,

Spring Onion, White Wine and Cream

// 6,7,9,12,14

TRADITIONAL TRIDENT TOMATO BASED SEAFOOD CHOWDER €8.50

Homemade Brown Bread // 1,3,4,6,7,9

½ DOZEN OYSTERHAVEN OYSTERS .. €12.50

On the half shell with Lemon Garnish // 14

HOMEMADE SCAMPI €14.95

Breaded Pink Prawns with Homemade

Tartare Sauce // 1,2,3,6,7,10

TRADITIONAL PRAWN COCKTAIL €14.95

Crispy Baby Gem & Marie Rose Sauce

// 2,3,6,9,10,12

CHICKEN LIVER PÂTÉ €9.50

Cumberland Sauce and Toasted Breads

// 1,3,6,7,9,10,11


WEST CORK SMOKED

SALMON BRUSCHETTA €15.95

Chive Crème Fresh, Peashoot Oil // 1,3,4,6,7,9,10

MIXED BEAN AND PORTOBELLO

MUSHROOM CASSOULET €9.50

With Herb Crumb & Garlic Bread // 1,6,7,9 

PANKO CRUMBED SPICED

ROAST PEPPER POTATO CAKE €9.50

& Garlic Mayonnaise // 1,3,6,7,10 

SHARING PLATE

€16.50

West Cork Charcuterie Board

Selection of Cured Meats, Cajun Chicken,

Gubbeen Chorizo, Gubbeen Salami.

Served with Olives, Sundried Tomatoes,

Crackers & Homemade Bread

// 1,3,6,7,10,11



ALLERGEN INFORMATION

If you have any allergies or dietary requirements please inform the waiting staff.

1: Cereal 2: Crustaceans 3: Eggs 4: Fish 5: Peanuts 6: Soybeans 7: Milk 8: Nuts 9: Celery
10: Mustard 11: Sesame Seeds 12: Sulphur Dioxide & Sulphites 13: Lupin 14: Molluscs

 Vegetarian
 Vegan

Our food is cooked to order, please allow time for preparation.
If you are in a hurry please make our staff aware and they will assist with menu choices.
All our food is sourced locally where possible.

MAIN COURSES

THAI RED CHICKEN AND MEDITERRANEAN VEGETABLE CURRY €17.95

Basmati Rice // 6

CHARGRILLED 10OZ. IRISH HEREFORD SIRLOIN STEAK €27.00

Traditional Garnish of Portobello Mushrooms,
Tomato & Onions. Choice of Pepper & Brandy
Sauce, Garlic Butter or Béarnaise Sauce
// 1, 3, 6,7,9,12

PAN SEARED 8OZ HEREFORD FILLET OF BEEF

€30.00

Portobello Mushroom, Grilled Tomato,
Sauté Onions. Choice of Pepper & Brandy
Sauce Garlic Butter or Béarnaise Sauce
// 1, 3, 6,7,9,12

WHARF TAVERN HOT SEAFOOD PLATTER €29.95

Crab Claws, Garlic Prawns, Calamari, Fresh Salmon,
Oysterhaven Oyster, Mussels & Mini Fish & Chips
// 1,2,3,4,6,7,12,14

STIR FRIED FILLET OF MONKFISH & MUSSELS €23.95

Flash Fried Vegetables, Saffron Cream Sauce
Cardamom Basmati Rice // 4,6,7,9,12,14

KINSALE SEAFOOD BAKE €17.95

Selection of Locally Caught Fish, Fresh, Smoked &
Shellfish in a Creamy White Wine Sauce with Potato
and Cheese Crust. Served with Vegetables or Salad
// 2,4,6,7,9,10,12,14

WHARF BURGER €16.50

8oz Locally Sourced Irish Beef Burger with Seasonal
Leaves, Bandon Vale Cheddar Cheese, Smoked
West Cork Bacon, Tomato Relish in a Brioche
Bap & Chips // 1,3,6,7,10

TRADITIONAL FISH & CHIPS €16.50

In a Beer Batter, Mushy Peas, Caper &
Gherkin Mayonnaise // 1,3,4,6,7,10,12

FISH OF THE DAY – PLEASE ASK

THAI RED MEDITERRANEAN VEGETABLE AND CHICKPEA CURRY €15.50

With Basmati Rice // 6 **VEGAN**

BEYOND BURGER IN A KAISER BUN €16.50

Tossed Horizon Leaves & Ballymaloe Relish
// 1,6,10 **VEGAN**

OUR SUPPLIERS

Eggs Riverview Eggs **Meat** Quigley Meats, Cork & John Barrett, Kinsale **Chicken** Shannonvale, Clonakilty
Dairy Clona West Cork Foods & Sean Bohan, Kinsale **Fish** Matt O'Connell Foods, Cork
Shellfish Haven Shellfish, Oysterhaven **Salad Leaves** Horizon Leaves, Dunderrow
Vegetables Richardson's, Ballysimon / Allfresh, Cork **Fruit** Richardson's, Ballysimon / Allfresh, Cork

FRESHLY BREWED NESPRESSO COFFEE

AMERICANO	€2.60
CAPPUCCINO	€3.00
ESPRESSO	€2.50
LATTE	€3.00
RISTRETTO	€2.50
MOCHA	€3.20
WHITE COFFEE	€2.80
FRESHLY BREWED BEWLEY'S TEA ...	€2.20
INFUSIONS	€2.80
HOT CHOCOLATE	€3.00



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