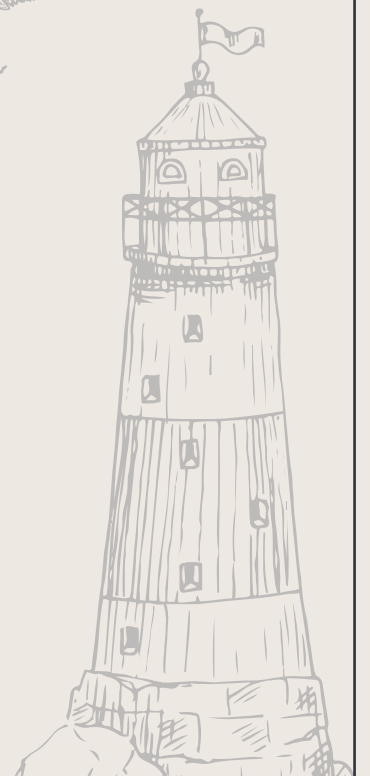
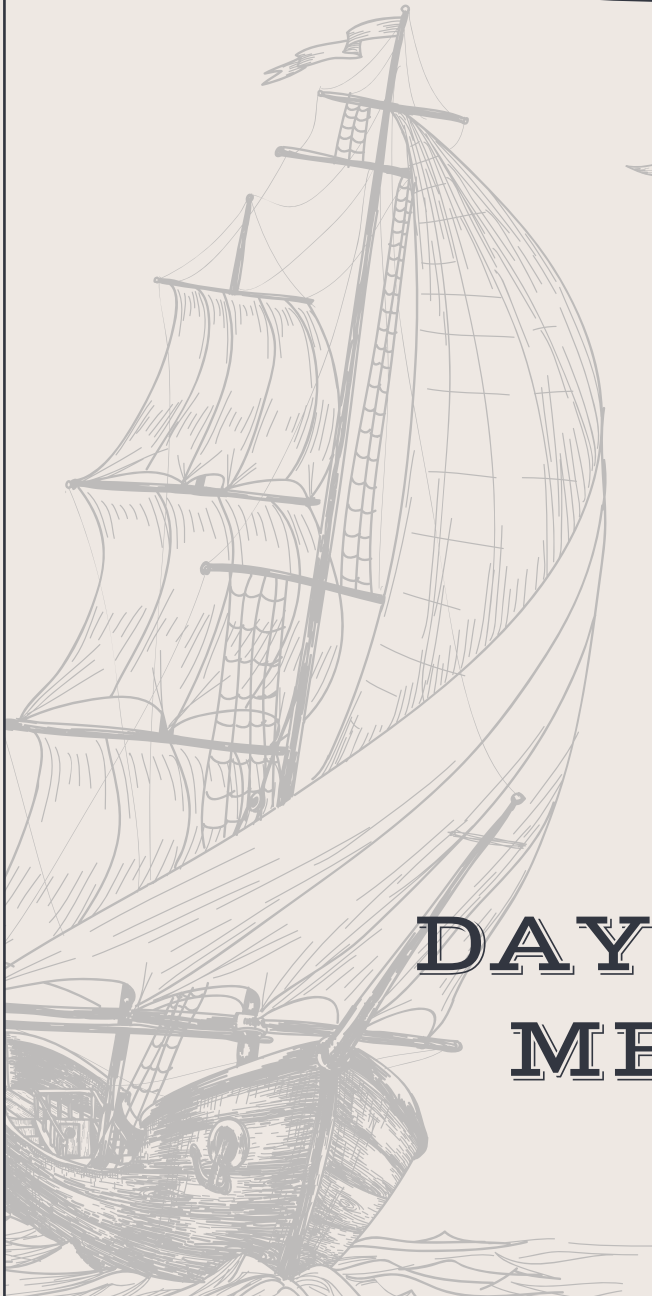
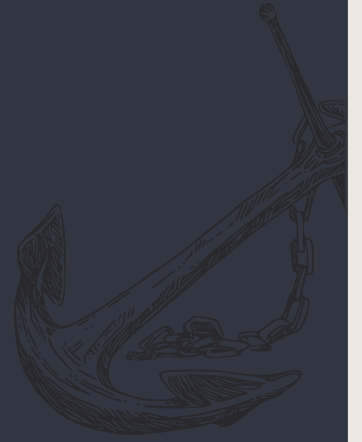




TRIDENT

HOTEL ★ ★ ★ ★ KINSALE



**DAYTIME
MENU**

LIGHT BITES

SEASONAL SOUP OF THE DAY €5.25
Fresh Bread Rolls // 1,6,7,9 **V**

**TRADITIONAL TRIDENT TOMATO
BASED SEAFOOD CHOWDER** €8.50
Homemade Brown Bread // 1,3,4,6,7,9

MUSSELS MARINIÈRE €10.50
A Pint of Oysterhaven Mussels with Garlic
Spring Onion, White Wine and Cream
// 6,7,9,12,14

CHICKEN LIVER PÂTÉ €9.50
Cumberland Sauce & Toasted Brioche
// 1,3,6,7,9,10,11

½ DOZEN OYSTERHAVEN OYSTERS .. €12.50
On the half shell with Lemon Garnish // 14

HOMEMADE SCAMPI €14.95
Breaded Pink Prawns with Homemade
Tartare Sauce // 1,2,3,6,7,10

CAJUN CHICKEN SALAD €9.50
Warm Marinated Chicken Breast, Baby Gem,
Horizon Leaves, Garlic Croutons, Parmesan
Shavings and Caesar Dressing // 1,3,4,6,7,9,10

WEST CORK CHEESE PLATTER €10.95
With Homemade Tomato Relish
and Gubbeen Crackers // 1,7,10

ULTIMATE SANDWICHES

COELIAC BREAD AVAILABLE ON REQUEST

CAJUN CHICKEN €8.95
In Rustic Corn Bread, Pesto Mayonnaise
// 1,3,6,7,9,10,11

SMOKED ATLANTIC SALMON €14.95
On Homemade Brown Bread with Salad
and Capers // 1,3,4,6,7,9,10

OPEN PRAWN €15.95
On Homemade Brown Bread with Salad,
Marie Rose Sauce // 1,2,3,6,7,9,10,12

**HALF & HALF OPEN PRAWN
& SMOKED SALMON** €14.95
The Best of Both Worlds // 1,2,3,4,6,7,9,10,12

WHARF TOASTED SPECIAL €8.25
The Original Toasted Sandwich with Bandon
Vale Cheese, Ham, Beef Tomato. Served with
Chips and Salad // 1,6,7,9,10

SMOKED BACON (BLT) €8.95
Tomato, Lettuce & Mayo in a Blaa // 1,3,6,7,9,10

**SEARED MINUTE SIRLOIN
STEAK BAGUETTE** €17.50
Cooked Medium, Crispy Onions, Béarnaise
Sauce, Served with Chips // 1,3,6,7

**GRILLED VEGETABLE TACOS
IN A BEETROOT WRAP** €9.25
Spicy Tomato Salsa // 1,6,9,10 **VEGAN**

**ROAST JOINT
SANDWICH OF THE DAY** €8.25
In Corn Bread // 1,6,7,10,11

PORTION OF CHIPS **V** €2.75

V Vegetarian
VEGAN Vegan

Our food is cooked to order, please allow time for preparation.
If you are in a hurry please make our staff aware and they will assist with menu choices.
All our food is sourced locally where possible.

MAIN COURSES

CAJUN CHICKEN SALAD €15.50

Warm Marinated Chicken Breast, Baby Gem, Horizon Leaves, Garlic Croutons, Parmesan Shavings and Caesar Dressing // 1,3,4,6,7,9,10

WHARF BURGER €16.50

8oz Locally Sourced Irish Beef Burger with Seasonal Leaves, Bandon Vale Cheddar Cheese, Smoked West Cork Bacon, Tomato Relish in a Brioche Bap // 1,3,6,7,10

GEORGE'S HOMEMADE CHICKEN GOUJONS €14.95

With Chips, Salad & Garlic Mayonnaise // 1,3,6,7,9,10

TRADITIONAL FISH & CHIPS €16.95

In a Beer Batter, Mushy Peas, Capers & Gherkin Mayonnaise // 1,3,4,6,7,10,12

KINSALE SEAFOOD BAKE €17.95

Selection of Locally Caught Fish, Poached Fresh, Smoked & Shellfish in a Creamy White Wine Sauce with Potato and Cheese Crust. Served with Vegetables or Salad // 2,4,6,7,9,10,12,14

MUSSELS MARINIÈRE €16.50

Steamed Oysterhaven Mussels with Garlic, Spring Onion, White Wine & Cream Served with Chips // 6,7,9,12,14

THAI RED MEDITERRANEAN VEGETABLE AND CHICKPEA CURRY €15.50

With Basmati Rice // 6 **VEGAN**

HOMEMADE SCAMPI €26.50

Breaded Pink Prawns with Homemade Tartare Sauce, Served with Chips // 1,2,3,6,7,10

MIXED BEAN AND PORTOBELLO MUSHROOM CASSOULET €14.50

With Herb Crumb // 1,6,9 **VEGAN**

BEYOND BURGER IN A KAISER BUN €16.50

Tossed Horizon Leaves & Ballymaloe Relish // 1,6,10 **VEGAN**



ALLERGEN INFORMATION

If you have any allergies or dietary requirements please inform the waiting staff.

1: Cereal 2: Crustaceans 3: Eggs 4: Fish 5: Peanuts 6: Soybeans 7: Milk 8: Nuts 9: Celery
10: Mustard 11: Sesame Seeds 12: Sulphur Dioxide & Sulphites 13: Lupin 14: Molluscs

OUR SUPPLIERS

Eggs Riverview Eggs **Meat** Quigley Meats, Cork & John Barrett, Kinsale **Chicken** Shannonvale, Clonakilty
Dairy Clona West Cork Foods & Sean Bohan, Kinsale **Fish** Matt O'Connell Foods, Cork
Shellfish Haven Shellfish, Oysterhaven **Salad Leaves** Horizon Leaves, Dunderrow
Vegetables Richardson's, Ballysimon / Allfresh, Cork **Fruit** Richardson's, Ballysimon / Allfresh, Cork

MORNING COFFEE

AVAILABLE FROM 10.30PM

**FRESHLY MADE SCONES,
BUTTER, JAM AND CREAM** €2.75

PASTRIES €2.50

SELECTION OF HOMEMADE BISCUITS €2.00

SHIRLEY'S CAKES // 1,3,6,7,8,12
(ASK FOR TODAY'S CHOICE) €3.50

FRESHLY BREWED NESPRESSO COFFEE

AMERICANO €2.60

CAPPUCCINO €3.00

ESPRESSO €2.50

LATTE €3.00

RISTRETTO €2.50

MOCHA €3.20

WHITE COFFEE €2.80

FRESHLY BREWED BEWLEY'S TEA ... €2.20

INFUSIONS €2.80

HOT CHOCOLATE €3.00



TRIDENT
HOTEL ★★ ★★ KINSALE

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