

Pier One Menu
– Trident Hotel –

Starters

Goats Cheese Crostini

*Served with Rocket Salad &
Tomato and Chilli Salsa*

€6.50

Irish Oak Smoked Salmon

With Cucumber Pickle

€6.95

Crab & Mango Salad

With Summer Leaves & Fruit Vinaigrette

€7.95

Fresh Seared Scallops

With Lemon & Black Pepper

€7.95

Traditional Chicken Liver Pate

*Served with a Cranberry Compote
And Toasted Ciabatta*

€6.50

Soup

Soup of the Day

Served with Homemade Brown Bread

€4.50

Kinsale Seafood Chowder

€5.50

Main Course

From the Grill Steaks

Rib Eye of Beef, Sirloin Beef, Fillet of Beef

€17.50

€19.50

€21.90

*With a choice of
Garlic Butter, Herb Butter or Pepper Sauce*

Poached Chicken Supreme

Saffron and Baby Spinach Cream

€14.95

Traditional Roast ½ Duck

With Orange Sauce & Savoury Stuffing

€16.50

Crusted Rack of Spring Lamb

With a Red Currant Jus

€18.95

Surf & Turf

Fillet of Irish Beef and Tiger Prawns

€22.95

Pasta/Vegetarian

Atlantic Seafood Medley

With Penne Pasta

€15.95

Spaghetti Bolognese

With Garlic Bread

€14.50

Mediterranean Vegetable Tartlet

Sundried Tomato Pesto

€11.50

Risotto of Wild Mushroom & Basil Pesto

With Parmesan Shavings

€12.75

Main Course

Pier One Seafood

Baked Fillet of Cod & Herb Parmesan Crust

With Butter Sauce

€16.50

Trident Seafood Platter

Seabass, Monkfish, Salmon & Mussels

With Garlic & Chilli Butter Sauce

€19.50

Moules Marniere

Fresh Local Mussels

Cooked in a White Wine Cream Sauce

Served with Garlic Bread

€13.50

Fresh Lobster from the Tank

Cooked to your liking

Thermidor, American, Butter Sauce, Natural

Market Price

Catch of the Day

€19.50

Monkfish Scampi Style

Served with Tartare Sauce

€17.50

All dishes served with a choice of; Salad & Chips,

Vegetables & Potatoes

Or Boiled Rice